

LONG BRANCH HIGH SCHOOL

“Home of the Green Wave”

**HEALTH & PHYSICAL EDUCATION HANDBOOK SCHOOL
YEAR 2016-2017**

HEALTH & PHYSICAL EDUCATION



LONG BRANCH PUBLIC SCHOOLS

"Where Children Matter Most"
Long Branch, New Jersey

2016

BOARD OF EDUCATION

Rose M. Widdis, President
Bill Dangler, Vice President
Mary L. George
Avery W. Grant
Michele Critelli, Ed.D.
Armand R. Zambrano, Jr.
James N. Parnell
Donald C. Covin
Caroline Bennett



ADMINISTRATION

540 Broadway, Long Branch NJ 07740
(732) 571-2868

Michael Salvatore, Ph.D.
Superintendent of Schools

Alvin L. Freeman
Assistant Superintendent of Schools

JanetLynn Dudick
Assistant Superintendent for Pupil & Personnel Services

Peter E. Genovese III
School Business Administrator/Board Secretary

Nancy L. Valenti
Assistant School Business Administrator/Assistant Board Secretary

GH SCHOOL ADMINISTRATION

Vincent J. Muscillo, Jr.

Lead Principal

James H. Brown, Jr.

Academy Principal

The School of Visual & Performing Arts

Frank Riley

Academy Principal

The School of Leadership

Angela Torres

Academy Principal

The School of Science, Technology, Engineering & Mathematics

Kristine Villano - Principal

Alternative Program Academy

Tara Puleio

Supervisor of Guidance

Jason M. Corley

Supervisor of Athletics

Tammy Glanzberg

District Scheduling/Data Manager



STAFF

Dr. Laurie A. Cancalosi, Supervisor K-12

Shawn Brown

Ann Marie Cieri

Gabriela Dempsey

Timothy Farrell

Tonya Galiszewski

Jeremy Julio

Joe Simon

Danielle Thomas

Nick Tranchina

**PHYSICAL EDUCATION
2013-2014 POLICIES & PROCEDURES**

GRADING PROCEDURE: 70% Summative, 30% Formative

1. **PREPARATION (35%)** – Students must be dressed for Physical Education every day. Not changing from school clothes to the prescribed apparel for Physical Education will result in a 10 point deduction. (See Proper Dress)

2. **PARTICIPATION (35%)** – Students must show a high level of participation and positive effort in the activity and skills assessment. Each incident of non-participation and/or effort will result in deductions up to 10 points.

3. **CONDUCT (10%)**

4. **SKILLS (knowledge) – (20%)** – Any combination of Skills Testing / Written Tests / Assignments. In regards to Skills Testing, emphasis is on the understanding and execution of a skill rather than the actual result. Testing and/or assignments are meant to assess the students' knowledge of rules, terminology, history, concepts, and strategies of the activity.

PROCEDURE for UNPREPARED:

1. Since students will not be allowed to participate if they are unprepared, there will also be a 10-point deduction from the Participation grade.

2. The student's parent/guardian will be notified on a 3rd Unprepared.

3. PE Make-ups – If a student is unprepared for Physical Education class and can not participate that day they will be given an opportunity to make-up the class.

The following rules must be followed in order to receive credit for the unprepared

Can only make-up two unprepared PE classes per marking period

Must be made up within two weeks of the unprepared – no make-ups the last week of the marking period.

Make-ups will be given during the SAP extra help days –

Two make-up days will = 1 unprepared

A full effort must take place on both extra help days to receive credit

DRESS CODE:

1. Each student is expected to dress in proper PE attire every day. All students **MUST** dress in the locker room prior to and at the end of each class. The student must change to a set of clothing other than what he/she wore to school on that day. This includes tee shirts or sweatshirts, athletic shorts or sweatpants, and sneakers **with the laces tied**.

2. Tank tops and cutoff shirts are not acceptable.

3. Inappropriate advertisements and innuendo on clothing show bad judgment and are not acceptable.

4. No jewelry is allowed to be worn. (See Safety)
5. No hats are allowed to be worn.
6. Students not dressed in proper gym attire will not be allowed to participate and will not receive credit for that day.

SAFETY POLICY:

1. Facilities and equipment may only be used under the supervision of a faculty member. Do not touch or climb on any PE equipment until the PE teacher is present.
2. Appropriate behavior is expected at all times in the locker rooms. There is zero tolerance for offensive language/profanity and horseplay.
3. All jewelry must be removed before PE class. Any piercings to be done should wait until your Health class marking period to allow for sufficient healing since that jewelry must also come out.
4. Gum chewing is not allowed in Physical Education classes.

PROCEDURE for MEDICALS:

1. All students must take Physical Education for three quarters and Health for one quarter.
2. All students who request a medical excuse for **one to three days** must present the nurse with a parent or doctor's note. This note must be presented to the nurse either before school or between classes. If this procedure is followed, the student will be excused from participating on that day.
3. A student who takes ill during the school day must change for Physical Education and then will be sent to the nurse. If the nurse excuses the illness that student will be excused from participating in Physical Education that day.

PROCEDURE for LONG-TERM MEDICALS:

1. If the nurse issues a medical release for **four days or longer**, the student must report to their assigned area.
2. It is the student's responsibility to know when their medical expires. ***Any student who does not return changed and ready to participate for class after that date will be treated as if he/she has not participated in class and will incur those deductions***

CLASS CUTS, CLASS LATES and STUDENT ATTENDANCE POLICIES:

1. **Will follow the same policies set forth by the High School and the Long Branch Board of Education. Follow procedures from the handbook**

SECURITY POLICY:

1. All students must supply their own locks for Physical Education class. All locks will be placed on a small locker, during their PE period they can put their lock on a long locker but **MUST** be removed at the end of class.
2. **DO NOT** bring expensive items or large amounts of money to PE class. **NEVER** leave anything in an unlocked locker.

3. Backpacks, bags, and belongings must not be left on the gym floor, or in the bleachers.
4. The locker rooms are locked 5 minutes after the first bell and will not be opened for students who arrive after that time. **Therefore late passes from your previous class cannot be accepted.**

GUIDANCE & OTHER APPOINTMENTS:

Students must request permission to go to Guidance, College Fairs, the Main Office, etc. Only in the case of an appointment running overtime from the class period immediately preceding Physical Education will a pass be accepted.

CELL PHONES:

Cell phones are not allowed in Physical Education.

IPODS:

IPods are only allowed in the weight room.

FOOD and BEVERAGE:

Food and beverage is not allowed in the locker rooms, gymnasiums, auxiliary gyms, or fitness center.

PROFANITY:

There is zero tolerance for offensive language.

PHYSICAL EDUCATION POLICY FOR ATHLETES:

Athletes are to dress for and participate in their regular Physical Education class program each day. There will be no exception to this rule. The PE teacher will take into consideration each situation and modify participation accordingly. Adherence to this policy is required in order to participate in athletics after school on that day.